

It's All About Family!



Topic #15: Responsibility

Friendship and family take care to maintain and keep healthy. You can't expect to reap the benefits of good relationships without having to put in some work. The amazing thing about healthy relationships is that if both people give their all to the other, neither one has to worry about their own needs. Love calls us to take responsibility for helping our friends and family members. When we learn to think beyond our own needs, we learn the joy of true and deep relationship.

Love also calls us to take responsibility for our own mistakes. We are often quick to pass off the blame for our mistakes on someone else and it sometimes lands on those that are closest to us. If we hope to improve our relationships with our friends and family, we have to learn to accept our mistakes, take responsibility for our actions and work to make a change. Consider what might happen if during your next argument, rather than blaming, denying, and working on your next comeback, you humbly received your rebuke and took responsibility for your wrongs? Pride often keeps us from admitting when we've done something wrong or made a mistake. Instead, humble yourself, accept responsibility for your actions, and build up the relationships in your life.

Challenge #15: Responsibility

Think about a person you've wronged in some way, a friend or family member. Think about the situation. Did you deny the wrong you committed? Did you blame the other person instead? Find an opportunity this week to apologize to them and accept responsibility for your actions. You might be surprised how much better you'll feel when you let go of your pride and work to build humility into your relationship.