

It's All About Family!



Week #9: Good Impressions

Think about how you greet those around you. Do you give people hugs, shake hands, smile and wave, or brunt and pass by? A lot can be said about the health of a relationship by how people greet one another. When you are upset with someone, how do you greet them? Consider the power of a greeting toward renewing a healthy relationship. Make an effort to smile, even when you don't feel like it, and the love you give will return to you, and the relationship will improve. A good greeting can come in the form of what you say, but it can also be shown through the emotion reflected on your face and the way in which you speak to someone. A positive greeting has the power to brighten someone's day in the same way that a negative greeting can crush it. Love should always focus on the former – make an effort to brighten someone's day. Love them at "Hello."

Challenge #9: Good Impressions

Think of five people you will encounter today, and consider how you would like to greet them. Do it with a smile and enthusiasm. Determine to change your greeting to daily reflect more love to those around you.